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The happy, the sad, and the anhedonic

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PROPOSITIONS

The happy, the sad, and the anhedonic

Towards understanding altered reward function
from a micro-level perspective

Vera E. Heininga

1. Pleasure is evolution's boldest trick.
~ M. L. Kringelbach
2. Individuals with anhedonia suffer from a negative loop in which low pleasure causes low motivation and vice versa.
~ Chapter 2
3. Individuals with anhedonia are anything but flat and blunted in their pleasure experiences.
~ Chapter 3
4. Pavlovian or associative learning can be observed in daily life, also when measured in short-term retrospect.
~ Chapter 4
5. The preferred approach in scientific research is iterative, but when it comes to publishing researchers like to pretend it is not.
~ Chapter 5
6. Researchers can benefit from a multiple testing approach.
~ Chapter 6
7. You must not fool yourself and you are the easiest person to fool.
~ R. Feynman